

MAINS

SWEET CHILLI CHICKEN & RICE Sliced chicken breast with roasted red peppers & red onions in sweet chilli sauce served with rice	£8.75
GAMMON, EGG & CHIPS An 8oz gammon steak served with a free range egg, chips and peas	£9.75
TRADITIONAL FISH & CHIPS A whole fillet of breaded plaice, served with chips & garden peas	£8.75
HOMEMADE CHILLI CON CARNE A large serving of homemade chilli served with rice & tortilla chips	£8.75
Add Jalapeños or Cheese	75p
HOMEMADE THREE BEAN VEGAN CHILLI A large serving of homemade three bean vegan chilli served with rice & tortilla chips	£8.50
MACARONI CHEESE Macaroni cheese finished under the grill, served with a dressed salad & garlic bread	£8.50

BURGERS

All of our delicious burgers are served in a lightly toasted white bap, with chips and a side of fresh homemade coleslaw

GWT BURGER A juicy 6oz beef burger with bacon, melted cheese, lettuce, tomato, onion, gherkin & relish	£9.95
BEEF BURGER A juicy 6oz beef burger, with lettuce, tomato & onion	£8.25
CAJUN CHICKEN BURGER A spicy cajun chicken breast with lettuce, tomato, red onion and minted mayonnaise	£8.50
SPICY VEGETABLE BURGER A vegetable burger with lettuce, tomato, red onion & mayonnaise	£8.50
Add Jalapeños, Cheese or Fried Egg	75p

SEE OUR CAKES AND DESSERTS COUNTER

We have a range of delicious homemade cakes from our own on site bakery! Come to the counter to take a look.

CREAM TEAS

THE GREENWOOD CREAM TEA Two homemade fruit or plain scones served with clotted cream, jam and a pot of house tea for one	£5.75		
THE SAVOURY TEA Two homemade cheese scones served with cream cheese, pickle and a pot of house tea for one	£5.75		
THE HIGH TEA A selection of smoked salmon & cream cheese, cucumber, ham & egg mayonnaise sandwich quarters, one homemade fruit or plain scone served with clotted cream, jam, a choice of cake and a pot of house tea for one	£9.95		
Plain Scone & Butter	£1.75	Jam Portion	60p
Fruit Scone & Butter	£1.75	Marmalade Portion	60p
Cheese Scone & Butter	£1.75	Portion of Clotted Cream	£1.25
Toasted Tea Cake & Butter	£1.80	Marmite Portion	60p
Toast & Butter (per slice)	£1.00		

SWEET WAFFLES

STRAWBERRIES & CREAM Topped with warm strawberries, strawberry ice cream, whipped cream, melted white chocolate & strawberry sauce	£5.95	CHOCOLATE HEAVEN BROWNIE Topped with chocolate ice cream, whipped cream, brownie pieces, Smarties & chocolate sauce	£5.95
MAPLE SYRUP A classic waffle with maple syrup		BANOFFEE Topped with fresh banana, toffee crunch ice cream, whipped cream & toffee sauce	£5.95
Whipped cream	£4.75		
Ice cream	£5.50		

NEW FOREST ICE CREAM TUBS

Available in:

Vanilla, Toffee Crunch Ripple, Chocolate Ripple, Mint Choc Ripple*, Strawberry Ripple and Lemon Ice Sorbet

All New Forest Ice Cream is suitable for vegetarians, is free from artificial flavours, is nut-free and made in a nut free environment (unless stated otherwise).

* Indicates ice cream containing artificial colours.

MENU



THE GREENWOOD TREE

65 High Street, Lyndhurst, SO43 7BE
Tel: 02380 282 463

All food is freshly prepared to order so, with that in mind, please bear with us during busy periods.

If you have any allergies or special requirements please speak to a member of our staff for advice.

BREAKFASTS

All of our Breakfast menu is served all day.

THE GWT BREAKFAST £11.25

2 sausages, 2 bacon, 2 eggs, mushrooms, grilled tomato, baked beans, black pudding, 2 hash browns & 2 slices of toast. Plus a regular tea or americano

THE BIG BREAKFAST £8.95

2 sausages, 2 bacon, 2 eggs, mushrooms, grilled tomato, baked beans & 2 slices of toast

TRADITIONAL BREAKFAST £7.25

Sausage, bacon, egg, mushrooms, grilled tomato, baked beans & 2 slices of toast

VEGETARIAN BREAKFAST £7.25

2 Quorn sausages, egg, mushrooms, grilled tomato, baked beans & 2 slices of toast

Hash Brown 75p

Black Pudding £1.00

Toast & Butter (per slice) £1.00

SYRUP AND BACON WAFFLE £5.75

Topped with 2 slices of bacon & drizzled with maple syrup

EGGY BREAD (2 slices) £5.25

Served with fried bacon

Served with fried banana £5.25

Served with fried bacon & banana £6.50

PORRIDGE £4.25

Topped with a choice of maple, golden syrup or strawberry jam

Add banana 75p

FLUFFETTS FARM EGG OMELETTES

A three egg omelette served with dressed salad. Choose from ham, cheddar cheese, mushrooms, tomatoes or onions

Any Two Fillings £5.95

Any Three Fillings £6.75

ON TOAST

Smoked Salmon & Scrambled Egg £7.95

Bacon & Scrambled Egg £5.95

Scrambled Egg £4.75

Poached Eggs £4.50

Try our freshly squeezed orange juice just £2.95

BREAKFAST SANDWICHES

	Sandwich / Bap	Toastie	Baguette
Bacon	£4.25	£4.50	£4.70
Sausage	£4.25	£4.50	£4.70
Quorn Sausage	£4.25	£4.50	£4.70
Bacon & Sausage	£5.25	£5.50	£5.70
Bacon & Fried Egg	£4.95	£5.20	
Sausage & Fried Egg	£4.95	£5.20	
Bacon, Sausage & Fried Egg	£5.95	£6.20	

CLASSIC SANDWICHES

Choose from white or malted brown bread, a white bap or crusty white baguette or gluten free bread all garnished with dressed salad

	Sandwich / Bap	Toastie	Baguette
Egg Mayonnaise	£4.25	£4.50	£4.70
Ham	£4.25	£4.50	£4.70
Cheese	£4.25	£4.50	£4.70
Tuna Mayonnaise	£4.75	£5.00	£5.20
Chicken Mayonnaise	£4.75	£5.00	£5.20

Add Cheese, Tomato, Onion or Pickle 60p

PANINIS

All served in a panini garnished with dressed salad

Ham & Mozzarella	£6.25
Brie, Bacon & Cranberry	£6.25
Tuna Melt – Tuna Mayo, Cheese & Red Onion	£6.25
Mozzarella, Pesto & Sundried Tomato	£6.25
Spicy Cajun Chicken with Red Onion & Roasted Peppers	£6.25
Hunters Chicken with Bacon, Cheese & Barbecue Sauce	£6.25

SOMETHING SPECIAL

THE BLT £5.75

2 slices bacon, lettuce, tomato & mayonnaise in baguette

THE GREENWOOD TREE CLUB SANDWICH £6.95

A triple layer sandwich with egg mayo, chicken mayo, bacon, lettuce & tomato on lightly toasted bread

CORONATION CHICKEN BAGUETTE £5.75

Succulent chicken in a lightly spiced mayonnaise with dried apricots, almonds & sultanas

SAUSAGE & ONION MARMALADE BAGUETTE £5.95

Hot sausages with onion marmalade & wholegrain mustard in a crusty baguette

SALMON & CREAM CHEESE BAGEL £7.15

Smoked salmon, cream cheese & fresh rocket served on a bagel

GOATS CHEESE WAFFLE £6.95

Roasted peppers & red onions with grilled goats cheese topped with rocket and drizzled with balsamic glaze

JACKET POTATOES

Freshly baked & served with a dressed salad garnish

Cheddar Cheese	£5.25
Coleslaw	£5.25
Baked Beans	£5.25
Cheddar Cheese & Baked Beans	£5.75
Tuna Mayonnaise	£5.75
Coronation Chicken	£5.95
Three Bean Vegan Chilli	£6.50
Chilli Con Carne	£6.75

Extra Toppings: Cheese, Coleslaw, Jalapeños or Baked Beans £1.00

SALAD BOWLS

MIXED SALAD BOWL £6.25

Tomato, cucumber, mixed leaves, sundried tomato, olives and red onion with a vinaigrette dressing

Add:

Whole Cajun chicken breast with mint mayonnaise £3.50

Tuna with a hard boiled egg £3.00

Goats cheese with walnuts £3.00

Ploughmans - cheddar cheese, apple, pickle & gherkin £3.00

Chicken & bacon with garlic croutons £3.00

SIDES

Chips	£2.50
Cheesy Chips	£2.95
Nachos with Cheese & Jalapenos	£3.50
Garlic Bread	£2.50
Homemade Coleslaw	£1.50

SOUP OF THE DAY £5.50

A bowl of fresh homemade soup served with either half a crusty baguette or a warm homemade cheese scone